

A large teal circle is positioned on the right side of the page, overlapping a light gray rectangular background. Inside the circle is a close-up photograph of a succulent plant with thick, pointed leaves. The text 'SPA MENU' is written in white, uppercase, sans-serif font across the middle of the circle. Below it, the word 'Maison' is written in a white, cursive script. To the left of the succulent image, within the teal circle, are three small white circles of increasing size and a thin white horizontal line. A thin white line also extends from the top of the succulent image towards the top right of the teal circle. At the bottom of the teal circle, there is a thin, dark, wavy line that extends slightly beyond the circle's edge.

SPA MENU

Maison

A teal background featuring a close-up of aloe vera leaves, showing their characteristic serrated edges and ribbed texture. The leaves are arranged in a fan-like pattern, with some pointing towards the top and others towards the bottom.

IMPORTANT INFO

All spa guests need to be over the age of 16, and all guests under 18 need to be accompanied by an adult.

MEDICAL

Please make our spa team aware of any medical conditions or allergies at the time of booking, this includes any recent surgery and pregnancy.

BOOKING & CANCELLATION

Full payment is required at the time of booking for all treatments and spa packages. Cancellations need to be received at least 48 hours before day of the booking to reschedule or refund. Failure to do so will incur a 100% cancellation charge.

TREATMENT TIMES

All treatment time includes pre-treatment consultation and aftercare.

A black line art illustration of a wavy, flowing line that starts from the bottom left, moves upwards, and then curves back down to the right, ending in a small loop.

If you're looking for a quick fix, regular beauty maintenance, luxurious spa day or even the perfect place for that special occasion, Malmaison Spa is the place you have been searching for, offering the very best in luxury Spa and Beauty treatments. Pamper yourself with our range of relaxing TEMPLESPA face and body treatments and spa packages. This is the inner-city escape you've been looking for.

A black line art illustration of a thick, curved line that starts from the bottom left, curves upwards and to the right, and then curves back down to the right, ending in a small loop.A small black line art illustration of a circle, located in the bottom right corner of the page.



TEMPLESPA FACIALS

Reveal skin that glows each day with natural health and beauty. By assessing your skin, lifestyle and wellbeing needs, our TEMPLESPA experts create a truly personalised, results-focused facial using the latest innovative techniques with our powerful Tri-Active™ blends. Results are both instant and long-lasting – skin looks clear, radiant and inner calm is blissfully restored.

TEMPLESPA ALL ABOUT THE GLOW

VIT C SKIN WORK OUT FACIAL

30/60 MINS £60/£90

GLOW & RADIANCE FACIAL. This advanced, skin transforming facial turns up your glow with instant and visible results for firmer feeling and brighter, healthy-looking skin. Your complexion is transformed thanks to intelligent active ingredients boosted by vitamin c and our glycolic acid complexes. Add our unique skin-lifting massage techniques and the results are even better skin.

TEMPLESPA REPOSE

INDULGENT WELLBEING AROMATHERAPY FACIAL

75 MINS £95

RELAX & RESTORE FACIAL. There's nothing like stress for lining the skin and there's nothing like relaxation for smoothing it! This indulgent aromatherapy facial includes a relaxing face massage and eye treatment followed with hot oil scalp massage, plus a hand and arm massage. Want to look and feel less tired? Then this is for you.

TEMPLESPA TRUFFLE

CRÈME DE LA CRÈME RADIANCE FACIAL

60/90 MINS £90/£105

SMOOTH & FIRM FACIAL. A luxury facial that combines our award-winning truffle skincare with our specialist lifting massage techniques that together iron out deep lines and wrinkles, help to strengthen muscle tone and reduce puffiness. You'll have something to celebrate. The 90 minute version includes an exquisite cooling alginate mask and rose quartz massage therapy.

TEMPLESPA MY KINDA SKIN

A BESPOKE PRESCRIPTION FACIAL

30/60 MINS £50/£80

PRESCRIPTION FACIAL. Let us analyse your skin and prepare a tailored treatment just for you. Your facial includes our signature massage plus a relaxing scalp massage. You will feel amazing and your skin transformed.

Amethyst
Trust



TEMPLESPA MEDITERRANEAN MESSAGES

Rediscover inner calm and physical wellbeing. Here, genuine care is taken to address your individual needs, with natural formulas and holistic techniques specially applied to provide a profoundly effective experience for both mind and body. Muscular tensions are released, your soul feels soothed and you emerge energised with renewed focus and lasting positivity.

TEMPLESPA WORK IT OUT

DETOXIFYING/MUSCLE WORKOUT | 30/60 MINS £50/£77

REVIVING DEEP TISSUE MASSAGE. A detoxifying, deep tissue massage that works out tired, aching muscles and overworked limbs. Using the ingenious WORK IT OUT muscle-tox massage oil with Mediterranean essential oils of juniper, lavender and cypress. We begin with full body brushing to stimulate the circulation to improve lymph drainage. Then a deep tissue, body boosting massage with muscle-fitness techniques and movements to really give your muscles a work out – untangle knot and ease tension and tightness. Better all round!

TEMPLESPA ROCKS OF THE MEDITERRANEAN

HOT STONE MASSAGE | 75 MINS £99

RELAX & RESTORE HOT STONE MASSAGE. Using thermal basalt stones this glorious, warming treatment works on energy points located throughout the body to rebalance and harmonise. Muscles are relaxed and rejuvenated in a sensation totally unique to hot stone massage. This all-encompassing treatment is an experience you just have to have at least once in your life. Simply heavenly!

TEMPLESPA NEW BEGINNINGS

MOTHER TO BE MASSAGE | 60 MINS £77

PREGNANCY MASSAGE. Pregnancy is a most wonderful time that requires treatments specially designed for you. You will enjoy a full body massage, without the need to lie on your tummy. Our specially trained therapists know exactly how to work those sore, tired and aching muscles while you feel completely comfortable and relaxed. The treatment is topped off with a relaxing face and scalp massage leaving your skin feeling baby soft all over. You never know, your little bambino might enjoy the sense of calm too!

TEMPLESPA DRIFT AWAY

RELAXING | 30/60/90 MINS £45/£72/£92

RELAXING AROMATHERAPY MASSAGE. This deeply relaxing top-to-toe massage, formulated with a dreamy blend of Mediterranean essential oils including frankincense, lavender and patchouli, is guaranteed to have you drifting away. Upgrade your experience to 90 minutes to include a signature face and scalp massage using our award-winning aromatherapy resting cream REPOSE. This is the perfect treatment to soothe and calm frazzled nerves and wind down an active mind; tension and stress simply melts away... stay awake if you can zzzzzzz!

Amethyst
Trust



TEMPLES PA BODY TREATMENTS

Guided entirely by your personal needs, expect instant and long-lasting results from these profoundly renewing rituals. Unique in every sense, they make use of nature's most powerful and effective actives and oils, coupled with innovative techniques from our expert therapists. Your body feels rebalanced and skin's natural beauty is restored.

TEMPLES PA THE BODY DETOX

PURIFYING & HYDRATING BODY WRAP

60 MINS £70

PURIFY & BALANCE BODY TREATMENT. This heavenly treatment starts with lymphatic body-brushing, then warm vitamin and mineral rich purifying mud is smoothed all over the body. Once cocooned in this cosy wrap, you'll relax with a glorious face and scalp massage. Wallowing in mud never felt sooooo good!

TEMPLES PA THE OUTER GLOW

FACE & BODY EXFOLIATION

45 MINS £65

GLOW & RADIANCE BODY TREATMENT. An invigorating and refreshing all over exfoliation treatment that leaves skin soft, revitalised and hydrated. The perfect way to prep your skin for a massage and an absolute must before your holiday or a special event. Off you glow!

TEMPLES PA AAAHHH

LEG & FOOT ENERGISER

30 MINS £45

REVIVE & ENERGISE FOOT & LEG TREATMENT. This oh-so-good treatment is instant relief for tired, over worked legs and feet. Begins with skin brushing, to help eliminate excess fluids, followed by a warm oil massage and an invigorating foot rub! Wonderful add-on to another treatment.

Amethyst
Trust



TEMPLESPA RITUALS

TEMPLESPA MY KINDA MOOD

FACIAL & BODY MASSAGE

120 MINS £130

PRESCRIPTION FACE & BODY EXPERIENCE. Not sure what you'd like? Then this is the ideal treatment for you. First, we'll help you choose the aromatherapy oil to match your mood. Then we'll take care of you with a tailored, results-driven full body massage, followed by a bespoke facial. Step off the bed feeling all the better for it.

TEMPLESPA YOUR BEST YOU

MENOPAUSE TREATMENT

60/90 MINS £75/£110

HYDRATE & SOOTHE MENOPAUSE BODY TREATMENT. This unique top-to-toe treatment is bespoke to you. The gentle, caring massage uses a combination of expert therapist hands and Himalayan salt stones with TEMPLESPA Hydrating & Soothing Skincare to support stress relief, increase energy, and positively boost your mood. Rhythmic stretches, and gentle joint rotation rescue achy limbs and a gentle lymph drainage facial reduces puffiness to leave skin fresh and feeling beautiful.

TEMPLESPA NEW BEGINNINGS TOTAL RETREAT

2 HOURS 30 MINS £175

PREGNANCY FACE & BODY EXPERIENCE. This is our specially designed treatment for expectant mummies to enable your full body to be massaged and treated without having to lie on your tummy. We follow this with a delicious face treatment packed with wonderful natural ingredients. Finally, your legs will be revitalized with our leg energiser treatment that is perfect for swollen ankles and tired legs.

TEMPLESPA SIDE ORDERS

Have you ever had a treatment and thought to yourself, 'I wish I could have a little more'? Well now you can! Here we offer a targeted selection of "add ons" to your main treatment. These can be added to any facial, massage or body treatment

REPLENISHING EYE RITUAL

15 MINS £20

TARGETED BODY EXFOLIATION

30 MINS £45

PURIFY & BALANCE FOOT RITUAL

15 MINS £20

HYDRATE & SOOTHE HAND RITUAL

15 MINS £20

RELAX & RESTORE HOT STONE NECK & SHOULDER MASSAGE

15 MINS £20

RELAX & RESTORE HOT OIL SCALP MASSAGE

15 MINS £20

HOPi EAR CANDLES

25 MINS £40

AMETHYST TRUST

Working with Amethyst Trust, TEMPLESPA has developed a collection of nurturing face and body rituals. The following rituals have been carefully designed to soothe the guest and nourish their body, using specially selected products. These rituals are designed for guests who are undergoing or have recently undergone treatment for cancer. All experiences begin with breath-work and visualisation to commence relaxation, with the emphasis on a holistic approach to each guest's well-being.

TEMPLESPA MY KINDA SKIN

A BESPOKE PRESCRIPTION FACIAL

30/60 MINS £50/£80

PRESCRIPTION FACIAL. Let us analyse your skin and prepare a tailored treatment just for you. Your facial includes our signature massage plus a relaxing scalp massage. You will feel amazing and your skin transformed.

TEMPLESPA AAAHHH!

LEG & FOOT ENERGISER

30 MINS £45

REVIVE & ENERGISE FOOT & LEG TREATMENT. This oh-so-good treatment is instant relief for tired, over worked legs and feet. Begins with skin brushing, to help eliminate excess fluids, followed by a warm oil massage and an invigorating foot rub! Wonderful add-on to another treatment.

TEMPLESPA INNER DRIFT AWAY RELAXING

30/60 MINS £45/£72

RELAXING AROMATHERAPY MASSAGE. This deeply relaxing top-to-toe massage, formulated with a dreamy blend of Mediterranean essential oils including frankincense, lavender and patchouli, is guaranteed to have you drifting away. Upgrade your experience to 90 minutes to include a signature face and scalp massage using our award-winning aromatherapy resting cream REPOSE. This is the perfect treatment to soothe and calm frazzled nerves and wind down an active mind; tension and stress simply melts away... stay awake if you can zzzzzzz!

Amethyst
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BEAUTY ST TROPEZ

This multi award-winning Spray Tan transforms the skin, leaving you with a long-lasting, flawless tan.

ST TROPEZ CLASSIC SPRAY TAN
20 MINS £25

ST TROPEZ DARK TAN
20 MINS £25

NEW ST TROPEZ EXPRESS TAN
20 MINS £28

This new Express Tan has a faster developing time between 1-3 hours depending on your desirable shade.

PRE-TAN EXFOLIATION
15 MINS £15

7 DAY TOP-UP TAN
15 MINS £15



HANDS & FEET

Nails have their own DNA, their own specific strengths and weaknesses

– just like hair and skin. It is impossible to treat all nails the same and keep them healthy.

PRESCRIPTIVE MANICURE

60 MINS £32.50

This nail and cuticle tidy includes a hand and arm massage followed by an application of colour polish.

DELUXE MANICURE WITH THERMAL MITTENS

75 MINS £37.50

Incorporating the Prescriptive Manicure, thermal mittens aid a deeper skin drenching of oils and creams, softening cuticles and improving circulation.

PEDICURE

60 MINS £37.50

A luxury foot treatment that will leave you with smoother, softer and revitalised feet, finishing with an application of colour polish.

DELUXE SPA PEDICURE

90 MINS £42.50

Incorporating the Pedicure, thermal booties will drench your feet with moisture and intensify absorption, followed by pressure point massage and lymph drainage.

FILE & POLISH ON HANDS OR FEET

30 MINS £22

THE GEL BOTTLE

Gel nails delivers a high shine, chip free finish for up to two weeks, and is designed to continue to protect the natural nail – from application to wear and soak-off removal.

GEL BOTTLE APPLICATION

30 MINS £35

GEL BOTTLE MANICURE

60 MINS £45

GEL BOTTLE PEDICURE

60 MINS £50

GEL BOTTLE SOAK OFF

30 MINS £15

GEL BOTTLE SOAK OFF & REFRESH

60 MINS £45

FRENCH POLISH TO ANY NAIL TREATMENT £3

WAXING

Using only the finest resins, natural ingredients and aromatherapy oils, Lycon delivers superior performance, removing stubborn hair as short as 1mm. The elite Lycon brand offers a choice of waxes complemented by pre and post waxing lotions allowing the right combination to be tailored for your complete satisfaction.

	LYCON STRIP WAX	LYCON HOT WAX
FULL LEG	£40	—
HALF LEG	£30	—
FULL ARM	£24	—
FOREARM	£18	—
UNDERARM	£18	£20
EYEBROWS	£13	£15
LIP & CHIN	£15	£18
LIP OR CHIN	£11	£13
BIKINI	—	£24
EXTENDED BIKINI	—	£26
BRAZILIAN	—	£36
HOLLYWOOD	—	£42

BROW/LASH TINT

- EYEBROW TINT* £10
- EYEBROW TINT* & SHAPE £15
- EYELASH TINT* £15
- EYEBROW & EYELASH TINT* £20
- EYEBROW SHAPE, EYEBROW TINT & EYELASH TINT* £25

*24 hour patch test required



DON'T SEE A PACKAGE THAT SUITS YOUR NEEDS?

Please call us and we can happily
make a bespoke package for you!

To book an overnight stay
please call 0330 016 0380
or email theteam@malmaison.com



A large teal abstract shape is positioned on the left side of the page. Below it, a vertical rectangular inset shows a close-up of a teal-colored flower with serrated petals.

Malmaison

malmaison.com

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